

FEBRUARY 09, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

Last week when I went to have a look at what wonderful things were going on in the Prep School, I was greeted by excited pupils eager to tell me the news that we had been visited by a dragon which had left us with the gift of some dragon's eggs in our Forest School. In the Senior School, we had a week long visit from twenty eight Chinese pupils and their staff. They were here to interact with our own pupils, to experience education in an English Independent School and to sample the delights of our scones and slices of Victoria Sandwich. Rather neatly, our Tuesday Assembly, led by some of our Asian pupils and those taking Chinese as an academic subject, was on the Chinese New Year which incidentally in 2024, is the Year of the Dragon. In fact the Year of the Dragon in 2024 is associated with the element of wood. The combination of the animal sign and the element designates the year as the Year of the Wood Dragon which I am sure is why our reptilian visitor left the eggs in the Forest School. The Lunar New Year starts on Saturday 10th February and the celebration happens throughout Asia, being a national holiday in South Korea, Vietnam, Malaysia, North Korea and Taiwan. Unlike Western astrology, each sign of the Chinese zodiac lasts for a whole year and each year takes the name of an animal whose characteristics and colour influence everything that happens for the next 12 months.

This issue:

Chinese New Year Assembly

Recommended Reading

WW1 Letters

Ten Tors

Mary Poppins

Biology Dissections

History Corner



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The dragon is the fifth of the twelve animals in the Chinese zodiac, which includes the rat, ox, tiger, rabbit, snake, horse, goat, monkey, rooster, dog and the pig. Over the next few days, “dragons” will make appearances at countless Chinese festivals around the world spreading good luck wherever they go. In a dragon dance, a team of experienced, and fit, individuals moves a long dragon puppet through a series of beautiful and complex moves, reflecting the boldness and power of the creature. In our assembly, Rooney managed the feat on his own, as a small but powerful and friendly dragon.

Traditionally, the dragon is an auspicious symbol of talent, power and excellence, meaning 2024 is forecast to be a year for change, opportunity and taking up challenges. Legends explain that the mythical creature’s good fortune will be sprinkled upon all but the dragon has one requirement before it bestows its gift, people need to be kind and compassionate to each other first. Let’s hope that this is the case and the year of the dragon lives up to its billing as globally, more voters than ever in history will head to the polls, at least 64 countries representing a combined population of about 49% of the people in the world are meant to hold national elections, the results of which, for many, will prove consequential for years to come. In the meantime we will be watching our dragon’s eggs carefully.



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CHINESE NEW YEAR- 新年快乐

On Tuesday, Grace, Elmas, Caleb, Daniel and Esther lead our assembly all about Chinese New Year. This year is the year of the dragon. The dragon is a very important animal in the chinese zodiac as it is the only mystical creature and is considered to be a symbol of might and intelligence. This makes it one of the most powerful and fortunate years. Chinese new year is celebrated traditionally by a cleaning ritual, vibrant decorations and lanterns, wearing red clothing and enjoying a special feast with hopeful anticipation of a prosperous year ahead. Xīn nián hǎo!



SPRING IS ON THE WAY!

It's time to look out for signs of spring! Around the beautiful school grounds we have spring snowflakes, winter cherry blossom and dandelions making a cheery appearance.



"That is one good thing about this world... there are always sure to be more springs."

ANNE OF AVONLEA
BY L. M. MONTGOMERY

FEBRUARY OUTDOORS CHALLENGE



One Hour Outside
Photo Challenge February 2024

#SplodzDPC

01 Who Am I?	16 Water
02 One Hour Outside	17 In the Sky
03 Feeling Cosy	18 From Where I Stand
04 This Way	19 Around the Block
05 On My Feet	20 The Weather
06 Black and White	21 On the Menu
07 Cup of Tea	22 My Favourite
08 My Normal	23 On Wheels
09 On My Lunchbreak	24 At Noon
10 Amongst the Trees	25 Comfortable
11 In the Darkness	26 Going Down
12 Very Old	27 Can't Live Without
13 The Smallest	28 Waking Up
14 Two's Company	29 Sunset
15 Reduce, Reuse, Recycle	

SplodzBlogz.co.uk @Splodz #OneHourOutside



READING RECOMMENDATIONS

The library has been looking at ways to extend the range of authors currently read by students and encouraging them to explore new and different authors and genres. So, Mrs Knapman has kindly compiled a list for each year group with suggestions to try and explore, all titles are available in the Senior Library. We will be sharing a suggestion for each years 7, 8 and 9 each week. Happy reading!

Year 7: *Watership Down* by Richard Adams

This heartwarming story tells the story of a group of rabbits who leave their warren in search of a new home. Facing numerous challenges, including predators and environmental dangers, the rabbits strive for safety and freedom.

Year 8: *Welcome to Nowhere* by Elizabeth Laird

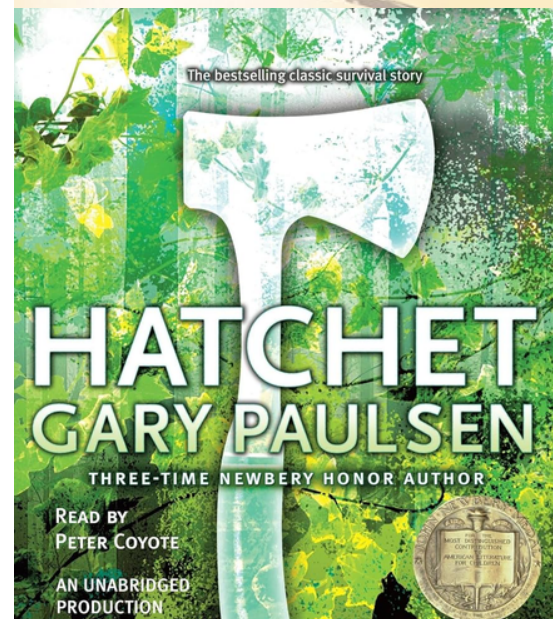
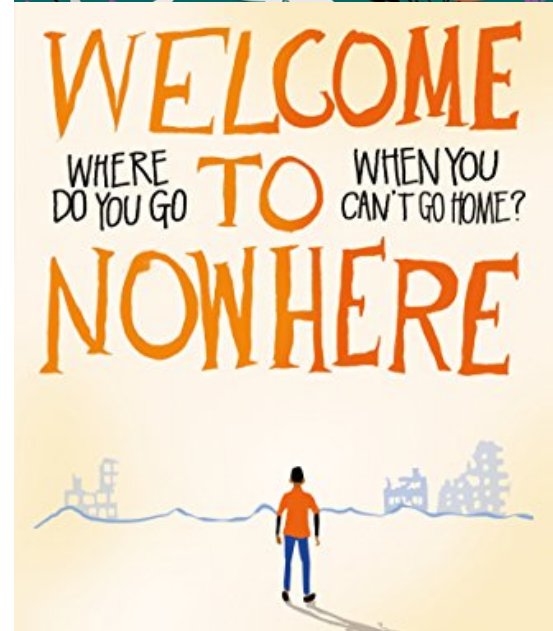
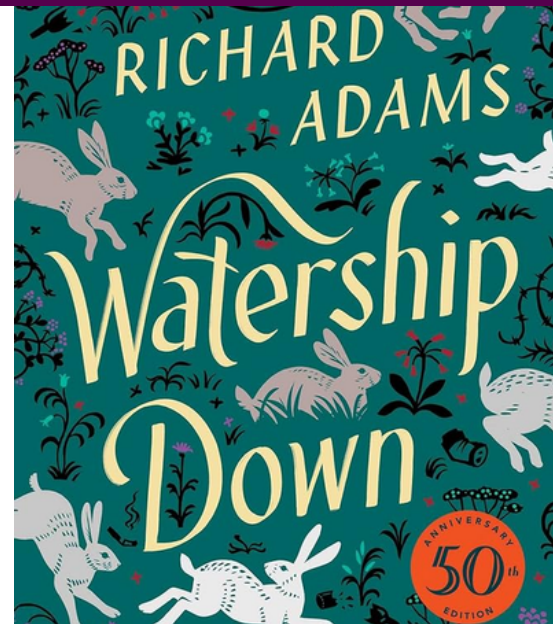
Initially moving away from their home and out of the city to stay with relatives, Omar's family of 7 are eventually forced to flee their homeland and end up navigating the community of a refugee camp with its official and unofficial rules. Lucy Eldridge's illustrations beautifully complement the text.

Year 9: *Hatchet* by Gary Paulsen

Hatchet is a young-adult adventure novel about Brian Robeson's survival following a plane crash. The novel explores themes of positive thinking and perseverance as Brian faces challenges from nature, like bears, porcupines, dehydration, and starvation; all with only his trusty hatchet to help him.

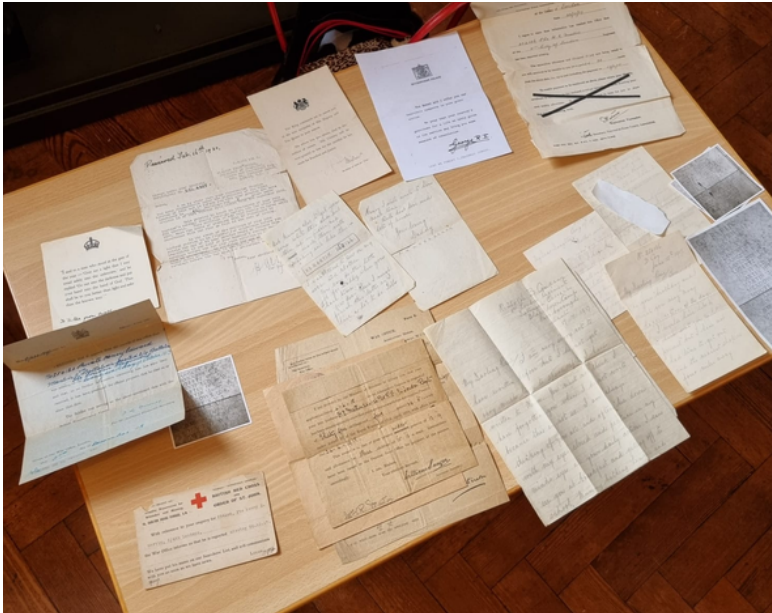
I HAVE ALWAYS IMAGINED
THAT PARADISE WILL BE
A KIND OF LIBRARY.

—Jorge Luis Borges



WW1 LETTERS

Mrs Vaid (Lana Magill's grandmother) came in this week to talk to years 8 and 9 as well as our year 12 historians about the WW1 letter she has from her grandfather. What a wonderful opportunity and our sincere thanks to Mrs Vaid.



TRINITY SCHOOL PRESENTS



13 - 15TH MARCH
7PM, THE SALLE
£7 PER SEAT



MARY POPPINS

The boarders' weekend was full of smiling and laughter as they took a trip to an escape room and had a merry evening learning some country dances.



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TEN TORS TRAINING

Training number 4 was a great success. After a night camped at school, dtudents did very well undertaking challenging navigation through very foggy, wet and windy weather.



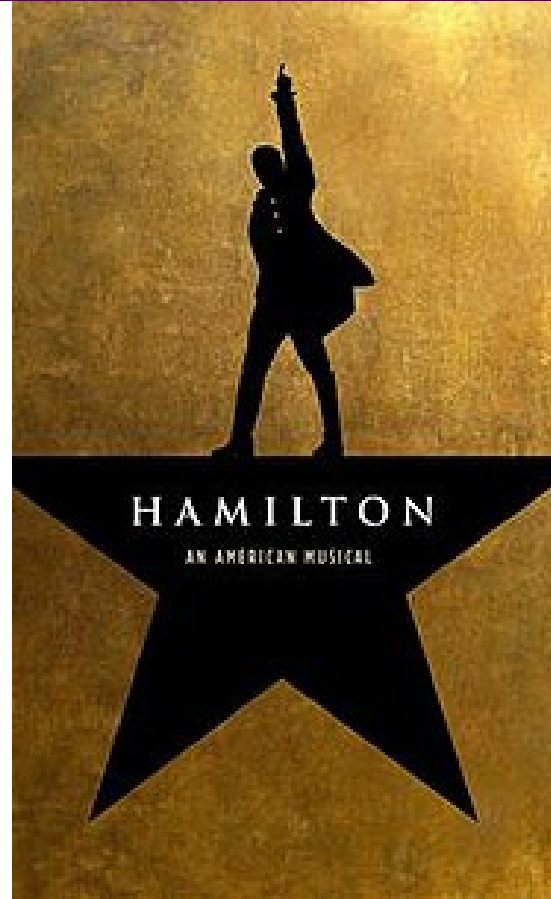
BIOLOGY- HEART DISSECTIONS

There is nothing quite like learning through practical involvement and exploration and this is something our Science Department excels at. Year 8 have been learning about the structure of a heart and enjoyed their dissection practical to consolidate their knowledge by spotting the different parts.



GCSE PERFORMING ARTS

Our performers have really enjoyed learning to rap and choreograph a Hamilton-inspired performance led by the expertise of Mrs Loveridge.



BOARDING LIFE

Safe travels to all of our boarders returning home for half term. We hope you have a lovely break and will see you all again soon!



"I have learnt
that when I put
effort and time
into something,
I can get the
results that I
want to have or
even better."

BOARDER



CHINESE VISITORS

Our Chinese visitors had great fun getting involved in Mrs Fischer's German lessons last week. It was also a fantastic way for our year 8 and 9 students to reflect on their own linguistic skills by helping to teach our guests.



HISTORY CORNER

This week's photo from our archives. This is one of the Chapel building and the White House.



ON THIS DAY... 9th FEBRUARY

In 1540 the first recorded race meet, in Chester...

In 1893 Verdi's 'Falstaff' premiered in Milan...

In 1895 'Mintonette' first debuts in Massachusetts USA, later known as volleyball...

In 1962 Jamaica becomes independent...

In 1963 the first flight of a Boeing 727...

In 1964 the character G.I Joe was created...

In 1986 Halley's Comet last seen from earth: it orbits the earth every 75-76 years...

In 1995 the Irish music and dance show 'Riverdance' first opened in Dublin...

In 2020 the fastest supersonic journey from New York to London took 4 hours 56 minutes.... at speeds of 825 mph...

Internationally it ranges from Chocolate Day to Pizza Day... to Read in the Bath Day!



WELLBEING

FEBRUARY REMINDERS



**REMEMBER TO INDULGE IN
SELF-LOVE AND SELF CARE**



**FOCUS ON YOUR PERSONAL
GROWTH AND SET GOALS FOR
THE REST OF THE YEAR**



**IT'S OKAY IF YOU ARE BEHIND
IN FOLLOWING YOUR NEW
YEAR'S RESOLUTIONS**

FEBRUARY

01. What are your top priorities this month?
02. A favourite song lyric.
03. How did your grandparents make a living?
04. Where do you go for solitude and quiet time?
05. Is there a story behind your name?
06. Places you'd like to travel to.
07. Would you like to know about the future?
08. How do you usually celebrate birthdays?
09. A time when someone helped you.
10. A time when you helped someone else.
11. What's on your grocery list this week?
12. A book you remember from your childhood.
13. List all the places you have lived.
14. What does love look like to you?
15. Where did you last go out for dinner & with whom?
16. What's your favourite household chore?
17. How do you encourage others?
18. What did you wear today?
19. What is holding you back?
20. Reasons to feel happy.
21. The best kind of cake.
22. Describe your childhood bedroom.
23. What happened at 2pm today?
24. What do you love about the season you are in?
25. A moment that challenged you.
26. How can you give yourself extra care today?
27. What do you usually have with toast?
28. The last thing that made you laugh.

@rachelgreig
#rgjournalprompts
www.rachelgreig.com

We want you to
thrive



PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION
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SPREAD THE WORD!



OPEN DAY

DAY & BOARDING, NURSERY TO SIXTH FORM
SATURDAY 24TH FEBRUARY

BOOK YOUR PLACE



TRINITY SCHOOL, TEIGNMOUTH



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MY VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off' conversations about our mental health – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCG18](https://bit.ly/3PzCG18)

[For secondary children: bit.ly/3LBD2WK](https://bit.ly/3LBD2WK)